



Trail Safety Tips

The AHET trail welcomes bicyclists, walkers, and runners of all ages and abilities. For everyone's safety, please follow these rules.

FOR EVERYBODY



Be Alert

Don't use devices that prevent you from hearing what's happening around you.
The AHET trail is open from dawn to dusk.



Stop at Trail/Road Crossings

Make eye contact with drivers and other trail users before proceeding.
Use the marked crosswalk.

BICYCLE SAFETY



Go Slow

When the trail is busy.



Alert Other Users

When passing.



Wear a Helmet

NYS law requires helmets for everyone under the age of 14.

ON-ROAD SECTIONS



Bicyclists:

Ride single file on the road shoulder,
in the same direction as traffic.



Pedestrians:

Use sidewalks where available.
When traveling on road shoulders,
walk or run against traffic.

Our Walkable, Bikeable Village

We are fortunate to have a very walkable, bikeable village. Almost every time that you drive our streets, you see residents and nonresidents walking, jogging, and biking on our sidewalks and streets. This has increased with the opening of the Albany-Hudson Electric Trail and the Pandemic. In normal years, the village is the site of the weekly Kinderhook Runners Club runs on Saturday and Sunday mornings as well as Wednesday evenings and the annual OKSk. It is and has been the site of other walking, running and biking events. We would like to remind motorists, bicyclists, and pedestrians of a few rules of the road and safety tips to assure the safety of all users of our streets.

Motorists:

- Follow the speed limits.
- Be alert at all times for walkers, joggers & bicyclists.
- Be prepared to share the road with bicyclists, such as where there are parked cars near the center of the village and on narrow streets.
- When passing walkers, joggers, and bicyclists, give them as much space as possible, especially when there is no other vehicle approaching.
- At non-signalized intersections, yield for pedestrians in the crosswalks.
- Obey the signage as you approach the AHET crossings.
- With the Albany-Hudson Electric Trail open, be especially alert of the AHET crossings at Route 9, Albany Avenue, Eichyush Road and Gaffney Lane. Also be aware that the 300' section of Sunset Avenue, between Albany Avenue and the AHET, has pedestrians and bicycles in the roadway.

Bicyclists:

- Wear bike helmets. Bicyclists under the age of 14 are required by law to wear an approved safety helmet.
- Always ride in the same direction as traffic. Never ride in the street or on a shoulder against traffic.
- Ride single file when being overtaken by vehicles.
- Have reflectors, lights, and reflective gear if riding at night.
- Youngsters riding on sidewalks should be courteous and yield right-of-way to walkers. When approaching a walker from the rear, announce your presence. Bikes should have bells to use for this purpose.
- Obey the signage on the AHET especially at the street crossings.

Pedestrians:

- Use the sidewalks whenever they are available.
- If walking or jogging in the street, always walk or jog against traffic.
- Walkers and joggers should stay as far left as possible when oncoming vehicles are approaching.
- When walking at night, wear bright, reflective clothing and wear or carry night walking lights,

For recreation and better health, we encourage residents and nonresidents to enjoy our beautiful village by walking, jogging, or biking on our sidewalks and streets and on the AHET. **Let's try to assure that we drive, ride and walk safely!!!**

Albany-Hudson Electric Trail

The Empire State Trail, including the 35-mile Albany-Hudson Electric Trail between Rensselaer and Hudson, is now open. It provides a facility for recreation and healthy living and will bring increased business to the village. The Albany-Hudson Electric Trail Safety Tips, produced by the Hudson River Valley Greenway, are included in this bulletin.